



**Trustees'  
Annual Report  
& Accounts**

For the year ended  
31st December 2018



Scottish Charity Number: SCO041551

In 2018, we reached a major milestone. By June, we had spent more than £250,000 on projects in Kenya, making a big contribution to the transformation of two school communities in Ruiru.

Providing breakfast and lunch at Mukuyu and Oaklands schools, alongside targeted support for particularly needy secondary school pupils, has improved the school attendance of more than 1,000 children. The health checks and counselling support Kipawa funds has helped with the wider physical and emotional needs for those young people. And our small business grants for families of the children at the schools have developed economic resilience in many instances.

**The money raised and spent has enhanced the life chances of many thousands of children and young people, their families and the surrounding communities.**

As always, thanks must go to all our donors, fundraisers and other supporters without whom none of this is possible.





## Ways you can help

- Why not join us as a regular contributor? Every year, 200+ people contribute to Kipawa.
- Could you arrange a fundraising event for us? Hold a quiz, concert, bake sale?
- How about running a marathon or half marathon, doing a triathlon or a bike ride? Get fit and raise money at the same time...

Email us [kipawacharity@gmail.com](mailto:kipawacharity@gmail.com) or keep an eye out on our Facebook page for details.

## Kipawa events this year included...

### Edinburgh Comedy Night

During the Edinburgh Festival in August, we held our annual comedy night. We were delighted that four brilliant comedians – Stephen Carlin, Al Lubel, Andy Storey and Russell Hicks – gave their time and talents to us for free, and have helped us to raise £400 for Kipawa.

### Golf Day

The Annual Kipawa Golf Day was held at Archerfield Golf Course in East Lothian in September. Many thanks to David Jones for organising and to all the golfers who played – you raised over £1,500 for Kipawa!

### A Concert for Kipawa!

In June, our friend Brian Graham organised a brilliant concert in aid of Kipawa, presented by the Edinburgh Police Choir and local band Kailyard. The night raised a fabulous £1,000 for Kipawa.

If you would like to make a donation, visit our [Virgin Money Giving](http://tinyurl.com/kipawagiving) page: <http://tinyurl.com/kipawagiving>





Charity Dinner  
 To be held in  
 Sullane Primary School  
 Monday 12th November 2018  
 Champagne Reception at 6.30pm followed by  
 Dinner at 7.00pm

All proceeds will be donated to  
 Kipawa

**KIPAWA**  
 INTERNATIONAL

Ticket Price £25



## Fundraising highlights



Our good friends Jeff Meechan and Stephen Norrie ran the Men's 10K in Glasgow in June. And they have raised a terrific £600 for Kipawa. Many thanks lads...

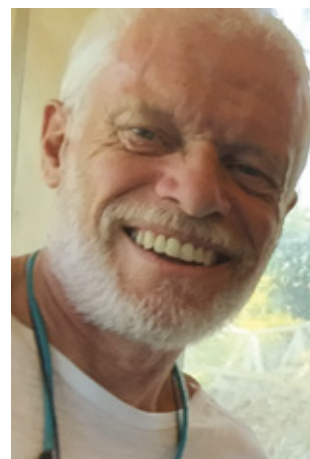
We were grateful to the MacDougall family who very kindly made a donation in memory of Lana MacDougall, who died in 2017. Lana was a supporter of Kipawa. Our best wishes to the family.

In November, Gullane Primary School held its Roux Dinner in support of Kipawa. The children's efforts in supporting the cooking and table waiting raised a terrific £1,700 for us – we are very grateful.





Having run the London marathon in April, the incredible Jimmy Hudson completed an unbelievable London Double by taking part in Ride London, a 100-mile mass cycle event through the streets of London and Surrey. He raised £1,600 for Kipawa.



Well done to David, John and Brian who managed to walk 24 miles and raise over £850 for Kipawa at the Kiltwalk in September. And, the Hunter Foundation has topped up the fundraising by a further 40%! Thanks too to the support crew who were there to cheer them on at the 15-mile mark.



The annual Kipawa Golf Day goes from strength to strength. This year's event, held at Archerfield in July, raised £1,500. Congratulations to Colin Jones & Philip Durkie, winners on 40 points, and very close runners-up, John Proudfoot & Luc Rorison on 39 points. Gareth Rorison won the prize for Longest Drive and David Mulboss won the competition for Nearest the Pin.

## Activities, achievements and income

This has been another solid year for Kipawa with almost £37,000 being raised to support the work of the charity in 2018.

Despite a slightly reduced number of fundraising events in 2018 we are pleased that our core programs continue to be supported by many regular donors. This has enabled us to continue to plan and commit to support existing projects and also fund more work in Oaklands School.

A considerable amount of income has been raised by a small but very effective team of fundraisers. The proceeds from some of the activities and events which have taken place during the year are shown below.

**Legacy  
Donation**  
**£2,000**

**Back to  
School Appeal**  
**£1,752**

**Roux Dinner**  
Gullane Primary School  
**£1,735**

**Archerfield  
Golf Day**  
**£1,500**  
net

**Kiltwalk**  
**£1,152**

**Edinburgh  
Police Choir  
Concert**  
**£1,001**

**Comedy  
Nights**  
**£386**

**MainStreet  
Consulting  
Donation**  
**£325**



Total funds  
raised of almost  
**£37,000**

Jimmy Hudson's  
London Double  
(Marathon & Cycle)  
**£1,615**

Quiz Nights  
**£655**

Jeff & Steph's  
Glasgow 10K Run  
**£597**

Prudential Ride  
London  
**£395**

Chairs Donation  
**£300**

Others  
**£360**

Thank you  
for all your  
support!

## Expenditure

The partnership with the Netherlands-based charity Macheo allows us to support vulnerable children in the region of Ruiru, while operating as efficiently as possible. That joint approach on tackling poverty in the two schools and their communities evolves, through identifying the most critical periods in these children's lives *and* the interventions which will have the greatest impact.

During the last year we disbursed over £40,000 to these communities via Macheo. The lunch programme goes from strength to strength with 800 children now receiving lunch at Mukuyu, nearly double the starting point in 2010, with local parents and a dedicated coordinator employed to run the scheme.

Children also receive access to counselling to address individual or wider family problems tapping into support which ultimately allows them to remain in full-time education. By supporting empowerment programmes for the parents of school children, Kipawa tries to tackle some of the root causes of poverty such as providing the means to secure sustainable incomes.

We continue to replicate some of our successes in Mukuyu at a second school – Oaklands Primary School. It suffers from many of the same issues that Mukuyu did when we began supporting it but absenteeism at Oaklands continues to drop with the headmaster confident that school exam results will also improve. Our disbursement in 2017/18 also funded a new toilet block for girls which is critical in ensuring the health of all the children whilst at school.

Finally, we continue to support and fund 25 pupils to move on through the fee-paid secondary school system and continue their education.





**“The lunch programme goes from strength to strength with 800 children now receiving lunch at Mukuyu, nearly double the starting point in 2010, with local parents and a dedicated coordinator employed to run the scheme.”**

## 2019 plans

We intend to build on the work we have been doing over the past eight years. Working with colleagues on the ground in Kenya, we will be focusing on several key initiatives:

- Continuing to increase breakfast and lunch interventions across both Mukuyu and Oaklands Schools.
- Increasing 'household economic strengthening' – we will invest more in the Oaklands Community to improve household resilience in times of difficulty for the local coffee plantation. Macheo's social workers are continuing to explore other income-generating activities in that area too.
- Supporting teenage mothers in Mukuyu and Oaklands, including counselling, health checks and education advice.
- Funding an increase in malnourishment interventions across both communities, including provision for seminars and a kitchen garden.
- Widening access to individual counselling sessions in Mukuyu and Oaklands.

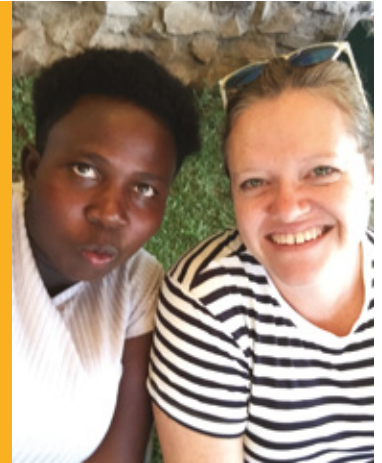
Overall, we have committed to spending around 6,300,000 Kenyan Shillings, which is around £43,000.

**“None of this will be possible without the ongoing support of our donors and supporters. Thank you for all you have already done for the children and families we work with – we look forward to your continuing support throughout 2019.”**





Every year, one of the Kipawa trustees travels to Kenya to visit the schools and communities in which we operate. We meet with some of the beneficiaries of our projects and all of the key people involved in delivering them, including staff working for our partner organisation, Macheo. In October 2018, Kirsty made the trip – here is her diary from the visit.



### Day 1 – 12th October

**Having arrived at Macheo on Wednesday night after a long journey, our first meeting of the day on Thursday morning was with Marnix, the founder of Macheo our partner organisation in Kenya, and we spent some time reflecting on how much has changed since my last visit in 2013. We benefit from their continued focus on improvement and how to best address the needs of the children and families they support.**

We then met with some of the key personnel at Macheo, starting with the Monitoring & Evaluation team which is a perfect example of something that has changed. They now collect and collate all the Key Performance Indicators that are used to measure the different programmes. Using mobile apps and technology they have made identifying, referring and evaluating what we do so much quicker and simpler. James and his new colleague Joyce seem to be delivering great insight back into the Macheo organisation which we also benefit from. KPIs from the various programmes are regularly monitored and used to flag and bring about actions.

Similarly, the communications team at Macheo has grown and Edna talked us through how they've spent this year simplifying the process ensuring we will now hear about the projects, budgets and people in a more holistic way.

We took the 40-minute journey to Mukuyu Primary School with Faith, one of the program coordinators, and our visit began meeting the Headmaster Daniel and my first meeting with Mary and Winny the social workers who deliver most of Kipawa's programmes. During the meeting the headmaster informed us the school roll is about to exceed 800 kids and it certainly felt a busier school than when I last visited.

Feeding the children is still at the core of what we do and some parents are already worried about how they will cope over the holidays when schools break up on 26th October. There is good cooperation between the supportive staff who refer cases to Mary & Winny and highlight any concerns they have about attendance, behaviour or vulnerability.

Following the meeting we went for a wander around the school as the children ate lunch and we saw the building of an additional nursery classroom funded by Kipawa which is underway. It's expected to be complete in late October which will allow the teachers to split the current 65 children into two rooms – the Teachers, Joyce and Mary, are very much looking forward to having more space for teaching and I don't blame them! With a growing school roll I can already see that the toilets which we had built in previous years are not enough to cope with 800 kids.

**Feeding the children is still at the core of what we do and some parents are already worried about how they will cope over the holidays when schools break up on 26th October.**



Following our tour, the whole school assembled for a presentation, and after we introduced ourselves I was delighted to hand out the underwear and shoes that had been paid for by our appeal. There was a lot of excitement and laughter when we handed out the pants!

I made a special visit to Class 1 to hand out the letters I had taken from Leith Primary School and received some letters and a lovely song from them in return. They were very keen to see the letters and pictures that had come from Scotland.

After lunch, we left the school and headed to Ruiru (many thanks to our intrepid driver Paul!) to meet a mother who was first referred to Mary by teachers who were concerned about her 3 children. Her story is very complex and harrowing. She had been badly burned in an attack by her ex-husband, leaving her hospitalised and in recovery for 2 years. When she was discharged she received no support and was effectively housebound until our social workers intervened.

She was given counselling and support and responded so well that she has now set up her own shop selling groceries. She works 7 days a week, sometimes from 5am-10pm, determined to support her family. I always find my trips to Kenya humbling but in her case I simply can't imagine having the strength to cope with life so admirably after such an experience.

Our last visit of the day was to a grandmother that had been referred to the social workers via one of the secondary school teachers we work with. She had been bed-ridden due to an infected leg and had spent all of her savings on medicine which had not resolved the problem, leaving her penniless, unable to work or even do simple tasks for herself.

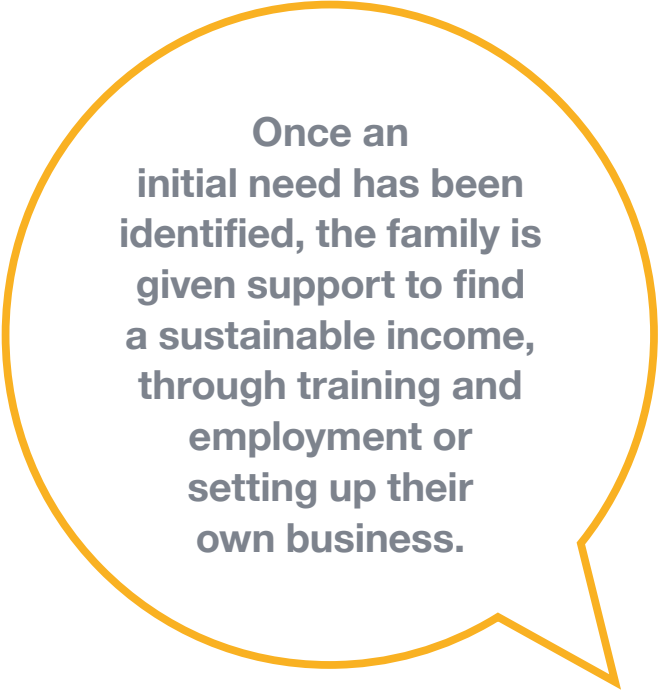
After assessing her, the team were able to get her the correct medical support and, having supported her back to good health, helped her to set up her own business. With a small grant she has established a small kiosk with a basic seating area (strangely called a hotel!) selling vegetables and hot food which she prepares and is financially stable and supporting her grandchildren. Within 6 months her life has been entirely changed and she is not only healthy but has a sustainable future.

After a jam packed day we headed back to Madaraka to have dinner and reflect on our day. Another busy day ahead tomorrow!

### Day 2 – 13 October

**We began day 2 meeting with Seth who heads up the HES (Household Economic Strengthening) programme, to understand what kind of help his team are giving families to help them support themselves.**

His team ensure that once an initial need has been identified, the family is given support to find a sustainable income, through training and employment or setting up their own business. Seth has developed some strong links with local employers and this area is becoming more successful. It is fundamental to ensuring families become financially stable. Both the women I had met on day 1 were supported in this way with great success.



**Once an initial need has been identified, the family is given support to find a sustainable income, through training and employment or setting up their own business.**

Next, I met Sophy who heads the team of social workers across all of the schools Macheo works with. She showed us the comprehensive work they do in identifying the needs of each area and what that looks like for Ruiru where Kipawa operates. The team is able to quickly process each 'client' via a mobile app to ensure their status is captured along with their needs (eg. health crisis, children's uniform, unemployment).

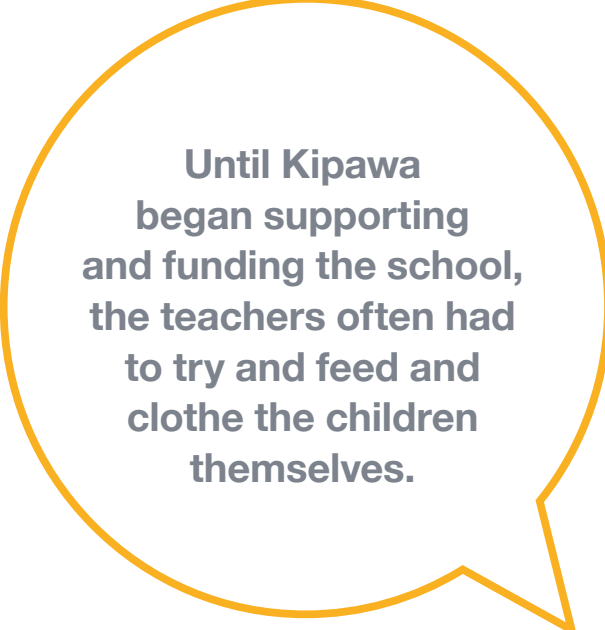
Our focus still remains on the core programmes at the schools, however there are also unmet needs in mother/child support and working with teenage mothers which I have agreed with Macheo we would want to understand further over the coming months.





We then headed out to Oaklands Primary School which is on a coffee plantation only a few miles from urban Ruiru. Since we only began supporting the school in 2016, this was the first opportunity I had had to visit it first hand.

Despite it only being a relatively short distance from Mukuyu school, its catchment and challenges are quite different. All the children come from families employed at the plantation which is volatile, seasonal work leading to low and unstable family incomes. The feeding programme Kipawa introduced acts as an incentive for the children to come to school and removes the financial burden of feeding the children from the parents.



**Until Kipawa began supporting and funding the school, the teachers often had to try and feed and clothe the children themselves.**

Oaklands has grown to a school of around 240 pupils with a relatively new but enthusiastic teaching staff. We were joined by the whole Macheo team to meet with the staff to discuss the projects and any future needs. Until Kipawa began supporting and funding the school the teachers often had to try and feed and clothe the children themselves.

We now see the key challenge as trying to inspire and stress the importance of education to children and parents, many of whom haven't been to secondary school. The staff have had a few successes, for example bringing back old students to act as role models, but even this is difficult with such a transient workforce. As we looked round we could see many more ways we could help further but appreciate there is a balance to be struck – many of the basics should be being provided by the government.

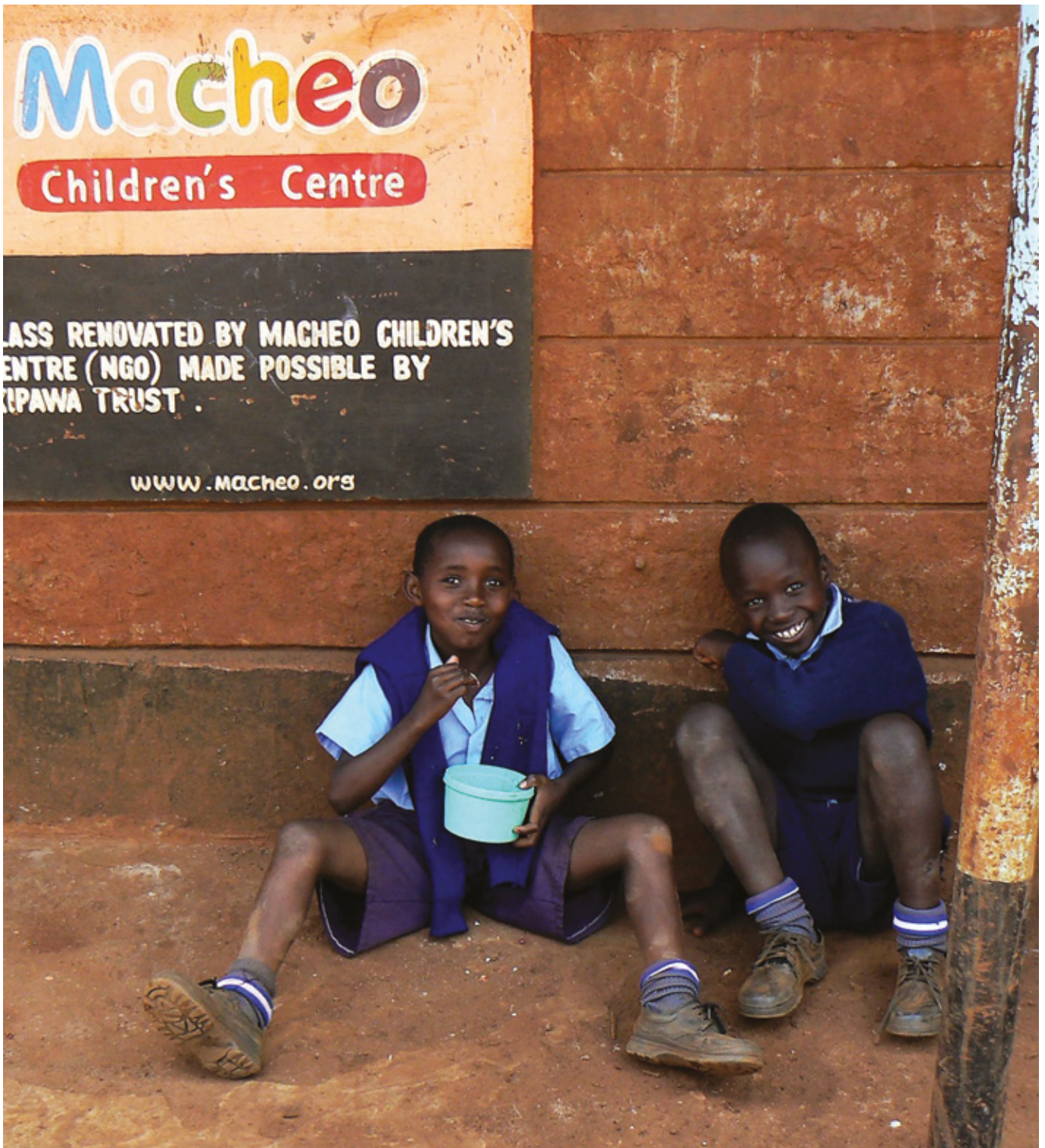
We were touched by the performances from the children, singing, dancing, rapping and putting on a play about Kipawa called “Kipawa Kicks Problems Away”. To see that they view us like this was quite a special moment. Once again, I was delighted to hand out the shoes and underwear which all our generous donors back at home had made possible, as well as some nursery resources which were well received.

Before we left the plantation, we visited a family who had benefited from our support – providing them with mattresses and bedding for a mother and her 5 children. We hope she may also be a candidate for some support to find a more stable job, but this needs to be balanced against the free housing she currently receives on the plantation.

We drove next to meet and have a late lunch with the group of teenagers we sponsor through secondary school and two of them who graduated last year. We talked about their plans for after school as most of them are in Form 4, their final year, with exams to sit in a few weeks. Realistically they need high grades to get into university and become the doctors and lawyers they told me they wanted to be, but their social worker, Monica, regularly meets with them to support them and discuss their performance and we've also extended this support beyond school to vocational training.

The two former pupils have both completed vocational courses but not quite managed to convert those skills into a permanent job yet. However, with high unemployment levels and 60% of Kenya's population under 25 unemployed, it is a real battle for them. They were both motivated and earning money with temporary work, managing to save a little towards their plans for further training and travel. I really hope good things will come to them and they can find a way not to become another unemployment statistic.

We ended the day taking selfies with my mum and dad and chatting about what they were doing at the weekend (more school!) and what life in Scotland is like. We had a bumpy ride home with them all in the van along the back roads to avoid Friday traffic – and more selfies with my mum sitting in the backseat among them all.





# Kipawa Trust International: Trustees' Annual Report and Accounts – year ended 31st December 2018

## Current trustees



Kieran Hudson, Chairman



Kirsty Welsh, Secretary



David Welsh



Alasdair MacFarlane



Clare Jones



Bill Stevenson, Treasurer

## Contact address

7 Prospect Bank Crescent, Edinburgh, EH6 7NW.

## Recruitment and appointment of trustees

All of the Association's trustees are appointed or reappointed by the members at our annual general meeting.

## Governing document

The Association is a registered charity and the purposes and governance arrangements are set out in our constitution.

## Charitable purposes

"Kipawa Trust International is a charitable foundation dedicated to the creation, maintenance and development of education facilities for children living in poverty."

## Deficit

The deficit of £8,432 resulted from a decision by the trustees to reduce the overall amount of the reserves and to transfer additional funds to Macheo during the year.

## Trustee remuneration and expenses

The trustees did not receive any remuneration or expenses during the year.

## Reserves

Kipawa held unrestricted funds of £11,363 at the year end. The trustees consider that funds available at the year-end will allow us to continue to support the programme at Mukuyu we have committed to in 2019 and still offers the potential to support other one-off plans. The Trustees are confident that the charity can meet its charitable purposes and financial obligations for the coming year.

Approved by the Trustees and signed on their behalf.

**K Hudson, Chairperson**  
**3 February 2019**

# Kipawa Trust International: Trustees' Annual Report and Accounts – year ended 31st December

## Receipts and payments accounts

All figures in £

	Year to 31 Dec 2018	Year to 31 Dec 2017
<b>Receipts</b>		
Regular donations	16,442	16,476
Gift Aid	3,775	3,995
Events / Fundraising	16,452	16,134
Investment income	29	26
Net receipts from trading	290	336
<b>Total receipts</b>	<b>36,988</b>	<b>36,967</b>
<b>Payments</b>		
Expenses for fundraising activities <sup>1</sup>	4,007	4,553
Payments relating directly to charitable activities	0	0
Grants and donations relating directly to charitable activities	41,413	47,046
<b>Total payments</b>	<b>45,420</b>	<b>51,599</b>
<b>Surplus / Deficit for the year</b>	<b>-8,432</b>	<b>-14,632</b>

## Statement of Balances as at 31st December

All figures in £

	As at 31 Dec 2018	As at 31 Dec 2017
Opening balances – cash in bank	19,795	34,427
Surplus / deficit for the year	-8,432	-14,632
<b>Cash in Bank</b>	<b>11,363</b>	<b>19,795</b>
<b>Total reserves</b>	<b>11,363</b>	<b>19,794</b>

**Notes:**

1. Expenses for fundraising activities are made up as follows:

Item	Amount (£)
Cost of fundraising events / entry fees	3,371
Transaction fees / online collection fees	636
<b>Total</b>	<b>4,007</b>

Approved by the Trustees and signed on their behalf:



**K Hudson, Chairman**  
3 February 2019

## Independent Examiner's Report to the Trustees of 'Kipawa International' Trust

I report on the accounts of the charity for the year ended 31st December 2018 which are set out on pages 22-23.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts..

### Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and;
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or;
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

### Alastair Thompson FCA

Institute of Chartered Accountants  
in England and Wales

3 Lancaster Close, Scarborough,  
North Yorkshire, YO13 0SS

3 March 2019



 [www.kipawa.org.uk](http://www.kipawa.org.uk)

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Scottish Charity No: SCO041551