



**Trustees'
Annual Report
& Accounts**

For the year ended
31st December 2017



Scottish Charity Number: SCO041551

We set up Kipawa in 2010. Initially, our focus was on the pupils of Mukuyu School in Ruiru: we supported the provision of breakfast and occasional health checks to 400 children there. In time, our work grew.

The number of children attending school increased, and we realised that the wider community needed support. So now, we provide a range of initiatives – breakfast and lunch for over 800 kids at the school, health programmes and counselling; financial support to particularly needy secondary school pupils; and small business loans for families of the kids at Mukuyu.

For the past two years, we have replicated this work in another community – around Oaklands School – where we intend to make just as much of an impact.

And we believe we are having an impact. As you'll see in pages of this report, these initiatives are transforming lives.

Thanks must go to all our donors, fundraisers and other supporters without whom none of this is possible. Their support has meant that we will reach a major milestone in 2018: by the end of the year we will have raised and spent £250,000 in some of the poorest areas of Kenya.

Here's to another successful year.





Ways you can help

- We now have nearly 200 donors – why not join us as a regular donor?
- More than 10 events organisers – could you arrange a fundraiser for us? Hold a quiz, concert or a dance?
- Individual challenges – this year alone, we had people running marathons, half marathons, triathlons and bike rides. Could you join them?

Email us kipawacharity@gmail.com or keep an eye out on our Facebook page for details.

Kipawa events this year included...

Edinburgh Comedy Night

During the Edinburgh Festival in August, we held our annual comedy night, this time at the Safari Lounge in Meadowbank. We were delighted that four brilliant comedians – Carmen Lynch, David Tsonos, Andrew O'Neill and Dylan Gott – gave up their time to entertain us. We raised £550 on the night.

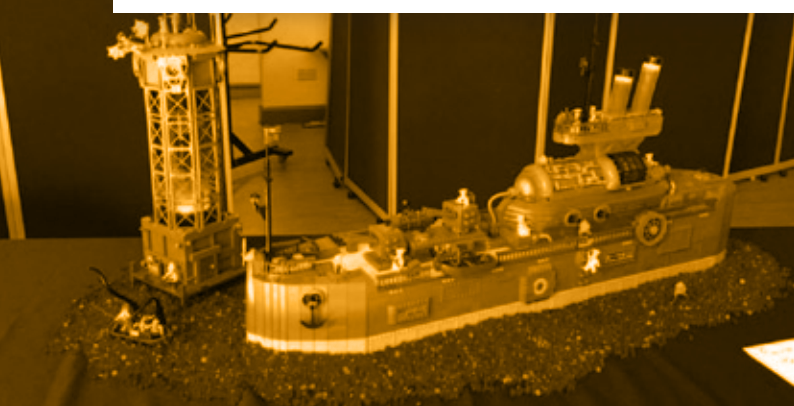
Golf Day

The Annual Kipawa Golf Day, held at Archerfield Golf Course in East Lothian in September, raised over £1,300 for Kipawa this year. As ever, it was a fun day out for all. Conditions were testing, with a strong wind making it a hard day to score. None of the 32 players disgraced themselves though...

Little Brick Show

In May, our friends Warren Elsmore and Rod Gillies helped us turn a draughty old church hall in Leith into an art gallery for the day, demonstrating some amazing creations made solely from Lego. They helped us make over £800 for Kipawa.

If you would like to make a donation, visit our [Virgin Money Giving](http://tinyurl.com/kipawagiving) page: <http://tinyurl.com/kipawagiving>





Kipawa Spice Pots Curry @ Night @
— STARTER —
tandoori masala prawn skewers
tandoori vegetable skewers
spiced carrot salad, mint & cori
raita and mango chutney
— MAIN —
goan butter chicken, lamb bh
corma daal, mattar paneer, r



Fundraising highlights

One of our trustees, **David Welsh**, managed to get around the course of the Manchester 100 mile bike ride in early September. This time he made it to Wythenshawe Park with no lasting physical damage and raised £2500 for Kipawa. He probably won't do it again this year...



This year **Abby Ingham** became our biggest single fundraiser when she took on two marathons in two months, raising over £5,500 for Kipawa in the process. As well as training for the 2017 Edinburgh and London marathons through winter months, she organised a raft of fundraisers, including a sold-out Hogmanay party in Gullane, East Lothian, a curry night, catered by East Lothian-based company Spice Pots and a Shrove Tuesday children's party. We are immensely grateful to Abby for this impressive fundraising effort.



We were so touched when **Livvi Hardwick** asked all the friends and family coming to her 7th birthday party in September to donate to Kipawa instead of giving her birthday presents. She raised a fantastic £395! Thank you Livvi and your friends for your thoughtfulness and generosity.





In late May, three of our friends – **Alan Campbell, Davie Norrie and Jeff Meechan** – ran the Edinburgh half-marathon raising more than £1200 for Kipawa. It was one of the few days of sunshine we got last year too so their efforts were doubly impressive.



In March, we were delighted to host a **Little Brick Show** in Trinity where our friends **Warren Elsmore and Rod Gillies** demonstrated some amazing creations made solely from Lego. A small entry fee, some home baking and profits from book sales helped us make over £800 for Kipawa. Thank you so much to Warren and Rod for trusting us with what are absolutely pieces of art.



Activities, achievements and income

We had a great year again, with over £36,000 being raised to support the work of the Charity.

Despite a slightly reduced number of fundraising events in 2017 we are pleased that our core programs continue to be supported by a growing number of regular donors. This has enabled us to continue to plan and commit to support existing projects and also fund more work in Oaklands School.

We have again adopted a two-fold fundraising strategy which involves increasing the number of regular donors and holding a number of fundraising events. This has enabled us to continue to support projects on a sustainable basis.

A considerable amount of income has been raised by a small but very effective team of fundraisers. Proceeds from the activities and events which have taken place during the year are shown below.

**Another
hugely
successful
year!**

**David's 100
Mile Cycle
£2,248**

**Abby's
Edinburgh &
London Marathon
£2,193**

**Archerfield
Golf Day
£1,355**

**Half Marathon –
Renfrew Boys
£1,040**

**In memory of
Dave Shepherd
£871**

**Livvi's 7th
Birthday
£395**

**Trinity School
Donation
£334**

Total funds
raised of over
£36,000

Corporate
Donations
£1,500

Lego
Day
£825

Quiz
Night
£718

Comedy
Nights
£548

Nursery
Appeal
£295

Others
£3,812

Thank you
for all your
support

Expenditure

Our 8-year partnership with the Netherlands-based charitable foundation Macheo continues to allow us to support vulnerable children in the region of Ruiru, whilst operating as efficiently as possible. We continue to evolve our joint approach on tackling poverty in the 2 schools and their communities within Ruiru through the identification of the most critical periods in these children's lives and also the interventions which will have the greatest impact.

During the last year we disbursed over £47,000 to these communities via Macheo. The lunch programme goes from strength to strength with 800 children now receiving lunch at Mukuyu, nearly double the starting point in 2010, with local parents and a dedicated coordinator employed to run the scheme.

Children also receive access to individual or group counselling to address individual or wider family problems tapping into support which ultimately allows them to remain in full-time education. By supporting empowerment programs for the parents of school children, Kipawa tries to tackle some of the root causes of poverty such as providing the means to secure sustainable incomes.

We continue to replicate some of our successes in Mukuyu at a second school – Oaklands Primary School. It suffers from many of the same issues that Mukuyu did when we began supporting it but absenteeism at Oaklands continues to drop with the headmaster confident that school exam results will also improve. As well as supporting the core feeding programmes at Oaklands a substantial proportion of 2017's disbursement also funded a new toilet block for girls which is critical in ensuring the health of all the children whilst at school.

Finally, we continue to support and fund 25 pupils to move on through the fee-paid secondary school system and continue their education, culminating in our first 5 pupils graduating this year.





“The lunch programme goes from strength to strength with 800 children now receiving lunch at Mukuyu, nearly double the starting point in 2010, with local parents and a dedicated coordinator employed to run the scheme.”

2018 plans

We intend to build on the work we have been doing over the past seven years. Working with colleagues on the ground in Kenya, we will be focusing on several key initiatives:

- Splitting the nursery class at Mukuyu School into two: this will allow allowing the teachers to focus on separate classes for 3-4 year olds and 5-6 year olds.
- Funding for an additional nursery teacher at Mukuyu, enabling the school to provide more early years education to pre-school children.
- Household 'economic strengthening' – there is an identified need in the Oaklands Community to improve household resilience in times of difficulty for the local coffee plantation. Macheo's social workers are exploring other income-generating activities in that area.
- We are expecting to fund an increase in malnourishment interventions across both communities.
- We are also expecting to increase the number of children benefitting from individual counselling sessions in both communities.

This is in addition to increases in the breakfast and lunch interventions across both Mukuyu and Oaklands School.

Overall, we have committed to spending around 6,900,000 Kenyan Shillings, which is around £48,000. That is clearly a big undertaking so we will be liaising more frequently with our colleagues in Kenya on progress both here and there.

Trustees are also aiming to increase our network of regular donors and to plan further fundraising activities to support our work.

“None of this will be possible without the ongoing support of our donors and supporters. Thank you for all you have already done for the children and families we work with – we look forward to your continuing support throughout 2018.”







Every year, one of the Kipawa trustees travels to Kenya to visit the schools and communities in which we operate. We meet with some of the beneficiaries of our projects and all of the key people involved in delivering them, including staff working for our partner organisation, Macheo. In October 2017, David made the trip. His diary from the trip follows:

Mon 2nd
October

A busy day today, starting at 5.50 when I landed in Nairobi. Benjamin, one of the drivers at Macheo (our partner charity in Kenya), picked me up and we headed to Madaraka to catch up with Marnix Huis In't Veld, who founded and still leads Macheo.

It's the start of the week so things are pretty hectic but we sketched out a plan for the next few days, starting with a visit to our projects at Mukuyu School. I hadn't seen our work at the school since 2012 and it was great to see just how much has changed and improved in that time. The lunch programme is going from strength to strength – 800 kids now receive lunch, nearly double the starting point five years ago, with 3 local parents and a dedicated coordinator employed to help run the scheme. The kids seemed more energetic than the last time I was at the school, and Joyce (one of the teachers at the school) told me that she believes

concentration during the school day is better than when she started. Importantly, the headteacher – Mr Peter – told me that the kids are performing better too. He is now in his third year there, and has seen a rise in the average KCPE scores in that time. He also noted that one of the children there scored 390 out of 500 last year, the highest for many years.

I saw at first hand too some of the physical projects we have sponsored and supported in the past few years: the swings and slides we got for the nursery children; the partitioning of the year 7 class into three; the refurbishment of the nursery classroom; the new toilet blocks for the boys and girls at the school. To see all of this over the course of a couple of hours – and hear the thanks of the teachers and other workers there – was humbling. I can't stress enough just how much of a difference our donors and supporters have made to this place. It looks different and feels different – a more vibrant, positive place than the one I visited just under five years ago.



I spoke briefly to Mr Peter at the end of my time there today: he has ideas for further improvements to the school including further refurbishments and partitions to improve teaching, additional toilet blocks for the nursery children and support for sports facilities. He is also keen that the school forges communications links with schools in Scotland and the UK, at the very least to share an understanding of what life is like on either side.

In the afternoon, we visited some of the family empowerment projects that Kipawa supports via the work of our excellent outreach workers Mary and Moses. Today, we met:

- Ann, who lives in a very cramped one bedroom house with 6 of her 7 children. Kipawa has helped clothe some of those children and given some additional equipment to allow those of school age to attend the local school. We are looking to support Ann with some employment this year too.
- Patricia, whose house burned down in the early summer. Mary and Moses supported her getting back on her feet with an initial 5000 shilling payment to set up a fruit and veg stall, which seems to be doing well a few months down the line.
- Rosa, to whom Kipawa gave seed funding in 2015 to set up her own vegetable stall. The initial 5000 shilling funding (about £36) has paid off, with a business now sustaining her family of five in that time.

"The lunch programme is going from strength to strength – 800 kids now receive lunch, nearly double the starting point five years ago, with 3 local parents and a dedicated coordinator employed to help run the scheme."



Tue 3rd
October

Another busy day, full-on out visiting our projects from 9am through to 7pm today. Much of it was spent at Oaklands Primary School, which we've been supporting since 2016. It was my first trip there and it was quite an experience.

The school sits on a coffee plantation – the land was given to the Government by the owners of the plantation to build a school, which teaches children of the people who work there. The school is surrounded by acres and acres of well-tended coffee plants, punctuated occasionally by small groups of tiny houses in which these families live.

But the situation is far from idyllic. What is already hard work (paying about 300 shillings a day, about £2.20) has been made more difficult by ownership changes, resulting in mass lay-offs and re-employment on casual contracts. Workers are not guaranteed wages throughout the year, or even during the three coffee harvests a year. And when they don't get work, or seek it elsewhere, they lose access to the houses they live in.

I was taken to meet one of these workers today, a single mother of five who has a child at the school. She works on the plantation with a nine-month old baby strapped to her back – scared of losing her job and her house. All of this has had an impact on the children at the school in the past few years too, with absence rates being very high and the performance of those kids attending being below average. Thankfully, the work Kipawa is doing here is **making a big difference**.

I met with the headteacher Joseph this morning who couldn't have given more praise for what our donors have achieved here. His clear view is that the food programme (we are doing breakfast porridge and lunch for all the kids there) has delivered "a drastic change in performance: for example, there is no absenteeism any more. Two years ago, sometimes up to 100 out of 260 children a day were missing school; now it is more likely to be a handful. And that's because there is food available". He also thinks that the KCPE performance will improve this year – from an average of 215 to 250 – and that is because the children are better able to concentrate.

Our social workers there – Mary and Moses – agree. They've noticed a change in behaviour since the feeding programmes started; kids are no longer lethargic and sleepy but energetic and motivated all day.

We are making improvements to the facilities too. I saw the final stages of the new girls toilet block today, with a solid watertight building in place with proper latrines and a very deep pit. This is not only safer and healthier (for disease prevention) but more dignified too. What was also interesting is that the Government had started building a new boys toilet block earlier this year: but it remains uncompleted on the site, with no reason given for its current state.

Later in the afternoon, I had lunch with the 15 students Kipawa is sponsoring through a few secondary schools in the Ruiru area. These young people were identified as they left primary school as being able



to benefit from secondary school but whose families would likely not support them financially to do so. The money our donors are sending to Kenya is doing two things for these vulnerable kids: ensuring that a lack of fees, uniforms and other equipment isn't preventing them from attending school regularly; and it provides wrap-around support from case workers like Monicah who works on the secondary school programme. Monicah spends all of her time checking on the welfare and wider environment of these students, intervening where needed where it affects performance.

The kids range in age from 14 through 17, with the oldest five of them due to sit their KCSE exams (the Kenyan Certificate of Secondary Education) throughout October and November. Like teenagers anywhere, they were shy at first but were soon chatting away: They were keen to find out about where I live in Scotland, about education in the UK, and the girls in particular were amazed to hear our Prime Minister and (Scottish) First Minister are both female. Most importantly, they were enthusiastic about their time at school, their interests and their ambitions for the future. And it was terrific to hear one of them really wants to be a doctor; another wants to study electrical engineering; a couple more think they they'd be good social workers. There was some discussion on the way home tonight about the next steps for some of these kids: certainly, we at Kipawa should be thinking about if and how we can continue to support some of these young people should they move into colleges and university.

"The food programme has delivered a drastic change in performance... there is no absenteeism any more. Two years ago, sometimes up to 100 out of 260 children a day were missing school; now it is more likely to be a handful."

A few more trips planned for tomorrow, including going back to Mukuyu School to hand out some new books, footballs, toys and other things. These were purchased today using money donated in a recent appeal.



Wed 4th
October

In preparing for this trip, we launched a small appeal to fund some items for the supported nurseries such as toys, books and other equipment. Just under £500 was raised in a recent appeal to our donors and we spent a good chunk of that in the nearest town – Thika – prior to my final visit to Mukuyu Primary School.

A van full of new gear arrived with us, and we helped unload boxes into the classroom. You'll see from the photos the children getting their new reading books, skipping ropes and hoola-hoops and other little toys. We also bought some mattresses for the nursery kids, who often need to take a nap in the late morning and especially when it gets really hot. Until today, they were sleeping on blankets on the floor. Another van is on its way to Oaklands today with a similar consignment.

A good friend of Kipawa, Dave Shepherd, very sadly passed away in 2016 and his family was keen that some of the donations made in his memory were used to fund sporting activities. Some of that was spent today on footballs for the schools: you'll see some photos here of some of those being given out to some budding Kenyan football stars of the future.

The afternoon has mostly been spent with our partner organisation in Kenya, the Macheo Foundation. I met with Marnix, its Director, and others in the team there

to talk through the past couple of days, the general performance of the programmes over the past year, and our plans for 2018. This included:

- Discussing activities by the new **Monitoring & Evaluation** team with James & Humphrey – they showed how the AKIDA referral system used by social workers in the field, linking with Business Intelligence software at the office, is being developed to identify need across several themes, assist with budget projections and help demonstrate actual impact for the monies spent. This is a work in progress but we should see some outputs from that work by January.
- A good chat with the new **Communications lead, Branice** – we spoke about Kipawa's desire to get more frequent (but short, snappy) updates from the projects we support in Ruiru. We want to see more personal stories about those we are helping and their communities, and how it's making a long-term difference. Our donors and supporters can expect to see more of this kind of material in the coming months.
- And some time with **Julie, who leads the Finance team** – on behalf of Kipawa and our donors, I did a mini-audit of the accounts process and systems used by Macheo for its administration of the near £40,000 they spend on our behalf in Ruiru. We spoke about the work they're doing on unit costs, on accounting for indirect back-office costs (currently less than 5%) and



how they're developing projections for 2018. And she was more than happy to show off her new hairstyle purely to make me jealous...

Finally, on the way back to Nairobi today we went to see a young man whom some of our trustees have known for nearly 10 years now. Then, he was a 3 year old living in a child rescue centre, left there by his mother who couldn't cope with his special needs – both physical and learning disabilities. An epileptic too, he needed 24 hour supervision in those days with no serious efforts made to support his development.

When that rescue centre closed, our partner organisation Macheo took him in and have worked hard on a series of interventions. He got physiotherapy to help with mobility, medication to reduce the epilepsy and help on daily living tasks like washing, dressing and toilet use. Importantly, they also forged a reconnection with his mother, whom he now sees three or four times a year.

With financial support provided by some of our trustees, he is now attending a specialist boarding school half an hour away from Macheo with other kids of his age and with similar needs. And he's doing well – running around, able to use his hands properly, engaged, saying a few words, and with very few epileptic episodes. He remains the smiley, happy boy he was all those years ago – but one with a brighter future than at that time. **A lovely way to finish the trip.**

"We want to see more personal stories about those we are helping, their communities, and how it's making a long-term difference. Our donors and supporters can expect to see more of this kind of material in the coming months."



Kipawa Trust International: Trustees' Annual Report and Accounts – year ended 31st December 2017

Current trustees



Kieran Hudson, Chairman



David Welsh, Secretary



Kirsty Welsh



Alasdair MacFarlane



Clare Jones



Bill Stevenson, Treasurer

Contact address

7 Prospect Bank Crescent, Edinburgh, EH6 7NW.

Recruitment and appointment of trustees

All of the Association's trustees are appointed or reappointed by the members at our annual general meeting.

Governing document

The Association is a registered charity and the purposes and administration arrangements are set out in our constitution.

Charitable purposes

"Kipawa Trust International is a charitable foundation dedicated to the creation, maintenance and development of education facilities for children living in poverty."

Deficit

The deficit of £14,632 in the year ended 31 December 2017, and the surplus and increased level of reserves in the previous year, were a result of timing differences in that some payments to Macheo initially planned for 2016 were made in 2017.

Trustee remuneration and expenses

The trustees did not receive any remuneration or expenses during the year.

Reserves

Kipawa held unrestricted funds of £19,794 at the year end. The trustees consider that funds available at the year-end will enable us to continue to support the feeding programme at Mukuyu, offers the potential to support other one off plans and provides the Trustees with assurance that the charity can meet its charitable purposes and financial obligations for the coming year.

Approved by the Trustees and signed on their behalf.

K Hudson, Chairperson
18 March 2018

Kipawa Trust International: Trustees' Annual Report and Accounts – year ended 31st December 2017

Receipts and payments accounts

All figures in £

	Year to 31 Dec 2017	Year to 31 Dec 2016
Receipts		
Regular donations	16,476	15,397
Gift Aid	3,995	4,193
Events / Fundraising	16,134	21,149
Investment income	26	25
Net receipts from trading	336	150
Total receipts	36,967	40,914
Payments		
Expenses for fundraising activities ¹	4,553	4,283
Payments relating directly to charitable activities	0	0
Grants and donations relating directly to charitable activities	47,046	30,739
Total payments	51,599	35,022
Surplus / Deficit for the year	-14,632	5,892

Statement of balances

All figures in £

	As at 31 Dec 2017	As at 31 Dec 2016
Opening balances	34,427	28,535
Surplus / deficit for the year	-14,632	5,892
Closing balances	19,795	34,427
Reserves	19,794	34,427

Notes:

1. Expenses for fundraising activities are made up as follows:

Item	Amount (£)
Cost of fundraising events / entry fees	3,893
Transaction fees / online collection fees	660
Total	4,553

Approved by the Trustees and signed on their behalf:



K Hudson, Chairman

18 March 2018

Independent Examiner's Report to the Trustees of 'Kipawa International' Trust

I report on the accounts of the charity for the year ended 31st December 2015 which are set out on pages 21–23.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and;
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or;
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Alastair Thompson FCA

Institute of Chartered Accountants
in England and Wales

3 Lancaster Close, Scarborough,
North Yorkshire, YO13 0SS

Date: 18 March 2018



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