

# TRUSTEES' ANNUAL REPORT & ACCOUNTS

For the year ended 31st December 2022



Scottish Charity Number: SCO041551



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KIPAWA HAD ANOTHER VERY SUCCESSFUL YEAR. DESPITE INCREASED COSTS BOTH HERE AND IN KENYA, WE HELPED OVER 2,300 CHILDREN WITH SCHOOL FEEDING AND 300 WITH INTENSIVE SUPPORT. AND DURING 2022 WE REACHED A HUGE MILESTONE: SINCE OUR SET UP IN 2010 WE HAVE NOW RAISED AN INCREDIBLE £500,000, ALL OF WHICH HAS GONE TO HELP CHILDREN AND FAMILIES IN NEED IN KENYA.

A large part of 2022's success was due to a very successful golf event at Ardfin on the island of Jura, which raised over £30,000.

We continued to commission and work closely with Macheo, our Kenyan partner, making payments of over £56,000 last year to run programmes to give children in Ruiru a fairer future. Families in this area continue to be affected by a diminished Kenyan economy and increased costs of living.

We continue to split our funding between feeding programmes that have a broad reach and support children to stay and perform in school, and more in-depth support for families with more acute needs.

As always, we extend a massive **thank you** to our donors, fundraisers and other supporters. The daily lives and long-term opportunities of thousands of children, families and communities in Kenya have been substantially improved by your efforts and interest.

# WAYS YOU CAN HELP

## Why not join us as a regular supporter?

By choosing to give a regular monthly donation, you will be helping us plan ahead and make long-term improvements. Every year around 70 people donate regularly to Kipawa giving anything from £10 a month.

## Could you arrange a fundraising event for us? Hold a quiz, concert, bake sale?

**How about running a marathon or half marathon, doing a triathlon or a bike ride?** Get fit and raise money at the same time!

**Can you raise awareness of our work?** Does your employer have a nominated charity or fund grants?

EMAIL US OR KEEP AN EYE ON FACEBOOK OR TWITTER FOR DETAILS:

 [FACEBOOK.COM/KIPAWACHARITY](https://www.facebook.com/KIPAWACHARITY)

 [TWITTER.COM/KIPAWACHARITY](https://twitter.com/KIPAWACHARITY)

 [KIPAWACHARITY@GMAIL.COM](mailto:KIPAWACHARITY@GMAIL.COM)



# KIPAWA EVENTS THIS YEAR INCLUDED...



## ARDFIN GOLF DAY

On a very wet, cold, blustery day in October, faced with ferry cancellations and floods and road closures, 60 intrepid golfers somehow made it to the tiny island of Jura for an incredible day of golf at Ardfin.

The whole event was organised by our supporter, David Jones (aka @UKGolfGuy) and was a tremendous success. The golfers were blown away with the quality of the course and most were thrilled to have the opportunity to play it at all. The whole day, including the raffle and auction, raised over £30,000 for Kipawa!

Thanks to Emma Reynolds for helping out with registrations, general admin and welcoming the weather-beaten, but still smiling, golfers into the halfway house for a much-needed bowl of soup. Thanks are also due to all the staff at Ardfin, particularly greenkeeper Simon Crawford and his team, and of course to Greg Coffey, Ardfin's owner, who invited us to use his beautiful course in the first place.

We are very grateful to David, and all who helped, for organising and hosting this event for Kipawa. The incredible sum raised – by far the most we have ever raised from a single event – will make a real difference to the children and families we support in Kenya.

MAKE A DONATION!

VISIT [TINYURL.COM/KIPAWAUK](https://tinyurl.com/kipawauk)



## KILTWALKS

Thanks to the generosity of The Hunter Foundation, which topped up 50% of funds we raised, with the return of the mass Kiltwalk events in 2022 the 'Kipawa Kiltwalkers' took to the streets of Aberdeen in May and Edinburgh in September to raise over £10,000. With a large contingent from Gullane, East Lothian, and the Kipawa Kids and parents joining forces, we saw 20 walkers take to the course and raise £8,000 from the Edinburgh event alone. This continues to be a great event for us to participate in.

Kiltwalks are back in 2023, with events in Edinburgh, Glasgow, Dundee and Aberdeen. With distances to suit everyone, from 5 to 25 miles, please get in touch if you would like to join us.



## KIPAWA CUP GOLF DAY

For the second year running our southern supporters contested the Kipawa Golf Cup at the South Herts Golf Club in July. A great day was had by all and a fabulous £4,500 was raised. Thanks to Will for all his work in hosting and coordinating that – we hope to run this event again in 2023.

## BRIGHTON MARATHON

Our friend and supporter Stephen Carlin normally lends his talents to us by organising a comedy show, but chose to swap this for a 26 mile run around Brighton raising a fabulous £1,500. We don't mind what challenge or event you want to take on!



# ACTIVITIES ACHIEVEMENTS & INCOME

OUR INCOME FROM EVENTS IS RAISED PRIMARILY BY A SMALL TEAM OF FUNDRAISERS AND TRUSTEES, AND THIS YEAR WITH FANTASTIC SUPPORT FROM THE WIDER KIPAWA NETWORK, WE RAISED OVER £50,000 THROUGH A SERIES OF EVENTS AND CHALLENGES.

Any gift aid claimed on these events is included in the £2,451 shown in the Income and Expenditure account.

Our core programmes are supported by regular donors to the tune of £20,770: this is critical as it allows us to plan with some certainty and commit to programmes in Kenya. We did see a small dip in giving following the winding up of the Virgin Money Giving Platform and the transition of donors and donations to the new KindLink platform, or to donating directly into Kipawa's bank account. **If you haven't managed to reinstate your giving it's never too late!**

In a period when Individual Giving is under pressure due to the cost pressures donors are facing, we have

given greater focus to applications for support from Charitable Foundations and Trusts. We were delighted to receive a £5,000 grant from **McDonald's in the Community** thanks to Craig Duncan who heard of our work through the Ardfin Golf Day and subsequently supported our successful application. We also received a £1,000 donation from **Eleanor Rathbone Charitable Trust** – our thanks to the trustees there too.

Thanks also go to the supporters and donors throughout the year at all events, Rhona Cruickshank who designs these annual reports for us, and Alastair Thompson who does the independent review of our accounts. The time and resources they have given us is really appreciated.

! ARDFIN  
GOLF EVENT  
£30,097



KILTWALKS IN  
ABERDEEN & EDINBURGH  
£10,454



McDONALD'S IN  
THE COMMUNITY  
£5,000



LONDON  
GOLF EVENT  
£4,595



TOTAL AMOUNT  
RAISED IN 2022

£54,974!



ELEANOR RATHBONE  
CHARITABLE TRUST  
£1,000

DONATION FROM  
B4 EDINBURGH  
£1,500

QUIZ  
NIGHT  
£1,087

STEVEN'S MARATHON  
£603



OTHERS  
£638

THANKS FOR  
YOUR SUPPORT!

# EXPENDITURE

DURING THE YEAR KIPAWA DISBURSED OVER £56,000 TO MACHEO, PROVIDING OVER 2,300 MEALS AT MUKUYU AND MUTUNDU PRIMARY SCHOOLS.

School feeding plays a crucial role in helping children realise their potential by increasing school attendance and improving overall health, energy levels and focus in school.

On top of this, we supported over 300 children with acute needs with more in-depth support to ensure that they have what they need for a good childhood and development. Interventions are provided based on

a full assessment of what a family most needs to address the root causes of their challenges. This can include support to access healthcare or to empower parents to increase their income. When the interventions were completed, all children were deemed to have their core needs met. This dropped to just under 70% when checking back six months later, but still represents significant, sustained impact for these beneficiaries.



# 2023 PLANS

OVERALL, WE HAVE COMMITTED TO SPENDING APPROXIMATELY 11 MILLION KENYAN SHILLINGS IN 2023, WHICH IS AROUND £77,000.

We shared in last year’s report that we were shifting our approach to focus more on delivering positive outcomes and not solely on delivery of programmes. We continue to give greater flexibility to the staff at Macheo to use some of our funds in the best way possible in any given situation, thus our bigger emphasis on the Family Needs Based Model in 2023, and a reduction in the feeding programmes. This decision

recognises an encouraging trend that the new Government of Kenya is more committed to providing school feeding and that other charities are providing some school feeding in the areas in and around Ruiru. We will nevertheless monitor the implications of this reallocation of resources. A breakdown of intended spend per programme, showing a more flexible approach based on family needs, is set out below:

INTERVENTION	FAMILIES	CHILDREN	COST (KES)	COST (£)
Family Needs Based Model	200	700	6,944,000	£49,600
School feeding: lunch		600	3,276,000	£23,400
School feeding: breakfast		700	612,500	£4,375
			<b>10,832,500</b>	<b>£77,375</b>

THIS MEANS THAT, ALONGSIDE OUR ESTABLISHED SCHOOL FEEDING PROGRAMMES, WE WILL PROVIDE INTENSIVE SUPPORT FOR FAMILIES OF CHILDREN WHO HAVE THE GREATEST NEEDS.



## OUR SUPPORT FOLLOWS THE APPROACH BELOW TO ENSURE THAT IT IS MOST EFFECTIVE AND THE IMPACT IS SUSTAINABLE:

- 1 Macheo's social workers complete in-depth assessments to understand the issues facing a family.
- 2 They then draw up a support plan with the family to address the root causes of the issues.
- 3 This plan can include signposting to (or support with accessing) services that already exist, or directly delivering support. The services can include: physical or mental health support, empowering a family to generate a stable income, improving physical living conditions, specific help for teenaged mothers and help to access education, including school feeding programmes.
- 4 The social worker continues to monitor progress of the family and children to ensure the plan is working, adjusting the support as necessary.
- 5 Everything is closely tracked using a tool called the **Child Status Index**. Essentially, this measures whether a child's needs are being met across seven key 'domains': *protection, care, psychosocial wellbeing, shelter, health, education, and nutrition*. The social worker assesses the child's levels against these domains **before** work starts, then **when they've finished** and **six months later** to check that progress is sustained.

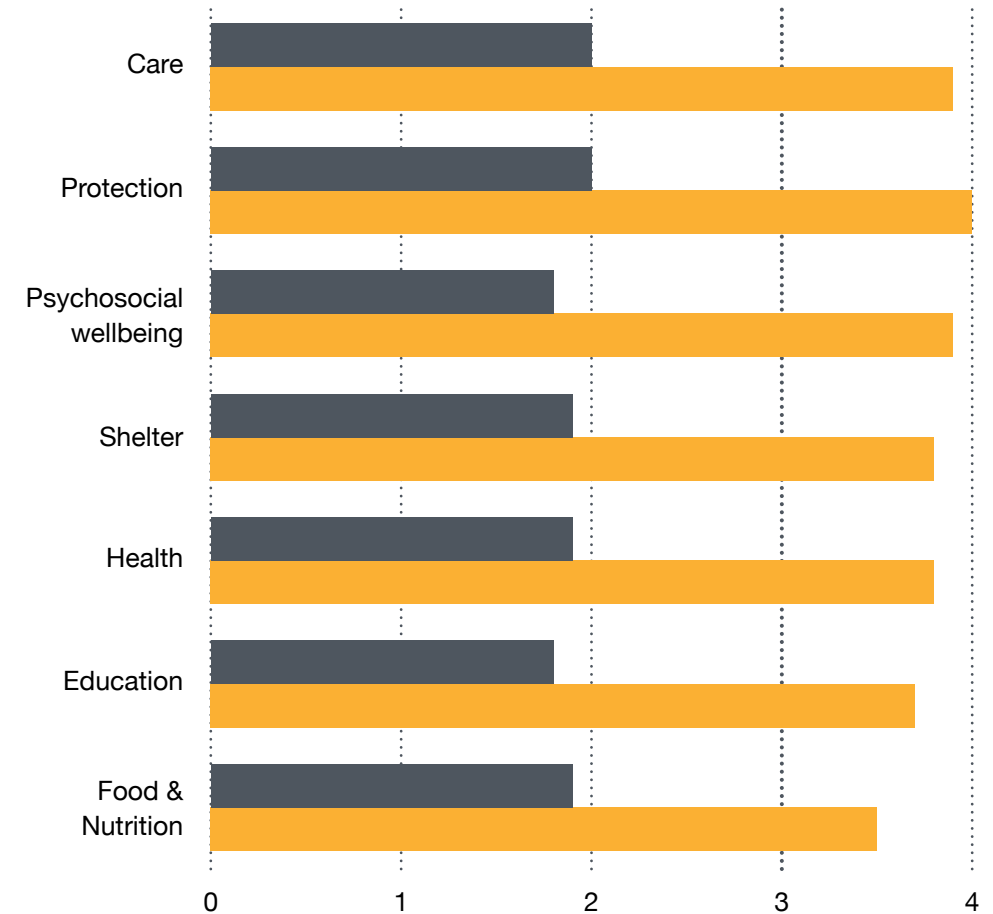


## HOW MUCH IMPACT DID IT MAKE IN 2022?

We can see from the graph below that this approach makes a huge difference. The grey bars shows the level that children, on average, start in each domain before support, and the orange bars show it after they have finished. The aim is to get children to a level '3' or above in all domains, which

is deemed as their basic needs being met. Last year the average score across each domain was 2 or less before work started which progressed to 3.5 or above on exit. **Six months after, 66% of all children we helped were still meeting target levels in all the key domains.**

CHILD STATUS INDEX (304 CHILDREN)





# JANICE'S STORY

BEFORE WE MET JANICE\*, HER LIFE WAS EXTREMELY HARD. SHE RAISED THREE GRANDCHILDREN THAT HER ADULT CHILDREN HAD LEFT WITH HER, AS A SINGLE GRANDMOTHER, AND ALSO THE CHILD OF A NEIGHBOUR WHO WAS SUFFERING FROM SEVERE DEPRESSION.

Janice didn't have a job as her employer had gone bankrupt. She felt frustrated and hopeless, and struggled to put food on the table. She was unable to pay the rent and the children did not go to school as she could not afford uniforms. The children were malnourished and suffering.

Together with our social worker, Janice made a plan to improve her situation. A cash transfer helped her to get through the first period, allowing her to pay rent and buy clothes and food for the children. She avoided eviction and her children could go to sleep safely. The children started to look more and more energetic because they ate healthy, nourishing meals.

Janice's grandchildren were sent to school by the social worker, who also arranged for their uniforms and registered them in the school feeding programme. With her improved situation, the children at school and the rent paid, Janice regained confidence in the future. She could make the step from dependence to independence.

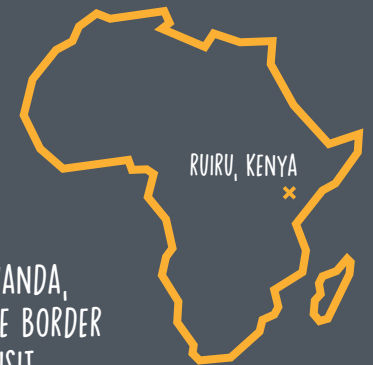
At this point, the social worker taught Janice how to set up her own business, grow it and save the profits. Janice received seed capital to start a greengrocer's shop. She worked hard and after a while started a second business next to it with second-hand clothes. After a while, she also started cooking lunch for the workers in the neighbourhood. With three successful businesses, she was able to move to a larger house. She now regularly helps her neighbours who have financial concerns and mentors other women who want to start a business. Her grandchildren are doing well in school and feel happy again!

NONE OF THIS WOULD BE POSSIBLE WITHOUT THE ONGOING SUPPORT OF OUR DONORS AND SUPPORTERS. THANK YOU FOR ALL YOU HAVE ALREADY DONE FOR THE CHILDREN AND FAMILIES WE WORK WITH, WE LOOK FORWARD TO YOUR CONTINUING SUPPORT IN 2023.

\*name changed for privacy reasons



## WILL'S TRIP TO KENYA



HAVING RECENTLY STARTED A JOB IN RWANDA, IT WAS A JUST A QUICK HOP ACROSS THE BORDER FOR OUR TRUSTEE, WILL HAMMOND, TO VISIT KENYA IN JUNE TO CHECK IN ON OUR PROJECTS AND HOW THEY ARE IMPACTING CHILDREN IN RUIRU.



“It struck me from the outset that these are especially challenging times for the country. Taxi drivers spoke about the challenging economic climate, lack of opportunities and rising costs from the shockwaves of the COVID-19 pandemic and more recently the war in Ukraine. Prices for everyday items had risen sharply and income levels were stagnant at best and relied on by more and more people without jobs of their own. This, our social worker in Ruiru told me, meant even more people needing our support at a time when the cost of providing support – especially food – was increasing.

Martha\*, a single mother who I met on a field visit, had been acutely impacted by the pandemic. Restrictions meant an end to her business and the income that



supported her four children. Thankfully, we'd been able to provide some seed funding that she used to set up a new street stall. She only sold very basic items - sweets, toilet roll and soap – but it was enough to put food on the table and even pay for her son's medication and school costs. He was a budding journalist and couldn't wait to be well enough to get back to school and continue his studies.

\*name changed for privacy reasons





A trip to Mukuyu school followed, where Kipawa has delivered a feeding programme since 2011. The Headmistress, a passionate woman who is determined that her school will give all its pupils the platform they need for a fulfilling life beyond the cycle of poverty, spoke proudly of grade averages increasing year on year and attendance rates of over 90%. She credited the feeding programme for playing a critical role in that success, stopping children

from the poorest households missing school or trying to learn on an empty stomach, and giving all her pupils the nutrition they needed.

It gave me great satisfaction to see the difference that our work is having: both the broad impact supporting hundreds of children in schools, and the in-depth targeted support for families in greatest need. I'm personally immensely proud to be part of it and so grateful to our donors and supporters whose contributions are valued more than ever in these precarious and challenging times."



# KIPAWA TRUST INTERNATIONAL: TRUSTEES' ANNUAL REPORT AND ACCOUNTS – YEAR ENDED 31ST DECEMBER 2022

## OUR CURRENT TRUSTEES



Kieran Hudson



Kirsty Welsh



David Welsh



Will Hammond



Clare Jones



Bill Stevenson

## RECRUITMENT & APPOINTMENT OF TRUSTEES

The Association's Trustees are appointed or reappointed by the members at our annual general meeting.

## GOVERNING DOCUMENT

The Association is a registered charity; its purposes and governance arrangements are set out in the constitution.



## CONTACT ADDRESS

7 Prospect Bank Crescent  
Edinburgh, EH6 7NW



### CHARITABLE PURPOSES

Kipawa Trust International is a charitable foundation dedicated to the creation, maintenance and development of education facilities for children living in poverty in Kenya. As well as providing education, the charity also provides a sustainable feeding programme and regular health checks for the children and wider community.

### ACTIVITIES & ACHIEVEMENTS – ANOTHER GOOD YEAR

In terms of fundraising, 2022 was Kipawa’s most successful ever year, with over £78,000 raised. This total was mainly due to a very successful golf event in Jura, which raised over £30,000. Other events, donations from supporters and some grant funding accounted for the rest.

We continued to commission Macheo, our Kenyan delivery partner, making payments of over £56,000 last year to run programmes to give children in Ruiru, Kenya, a fairer future. Families in this area have been affected by a diminished Kenyan economy and increased costs of living.

This year we split our funding and programmes between feeding programmes that have a broad reach and support children to stay and perform in school, and more in-depth support for families with acute needs.



### FUTURE PLANS

A needs assessment of the area always informs our priorities for the year, which helps to ensure the interventions deliver the most impact. Our support will continue to be focused on two primary schools in Ruiru and the communities they serve.

### SURPLUS

The accounts show a surplus of £14,950: this is due to funds raised in 2022 having not yet been transferred to Macheo at the end of the year.

### TRUSTEE REMUNERATION & EXPENSES

The trustees did not receive any remuneration or expenses during the year.

### RESERVES

Kipawa held unrestricted funds of £35,701 at the year end. The Trustees consider that funds available at the year-end will allow us to continue to support the various programmes we have committed to in 2023 and still allow the opportunity to support other one-off proposals. The Trustees are confident that the charity can meet its charitable purposes and financial obligations for the coming year.

**Approved by the Trustees and signed on their behalf**

D Welsh, 15 March 2023

# KIPAWA TRUST INTERNATIONAL: TRUSTEES' ANNUAL REPORT & ACCOUNTS, YEAR ENDED 31ST DECEMBER

## RECEIPTS AND PAYMENTS ACCOUNT

All figures in £

	Year to 31 Dec 2022	Year to 31 Dec 2021
<b>Receipts</b>		
Regular donations	20,770	23,734
Gift Aid	2,451	4,589
Events / Fundraising	54,974	20,396
Investment income	5	1
Net receipts from trading	120	275
<b>Total Receipts</b>	<b>78,320</b>	<b>48,995</b>
<b>Payments</b>		
Expenses for fundraising activities <sup>1</sup>	7,152	3,846
Payments relating directly to charitable activities	0	0
Grants and donations relating directly to charitable activities <sup>2</sup>	56,218	52,664
<b>Total Payments</b>	<b>63,370</b>	<b>56,510</b>
<b>Surplus / Deficit for the year</b>	<b>14,950</b>	<b>-7,515</b>

## STATEMENT OF BALANCES

All figures in £

	Year to 31 Dec 2022	Year to 31 Dec 2021
Opening balances – Cash in bank	20,751	28,267
Surplus / deficit for the year	14,950	-7,515
<b>Closing Balances – Cash in bank</b>	<b>35,701</b>	<b>20,751</b>
<b>Total Reserves</b>	<b>35,701</b>	<b>20,751</b>

## NOTES

1. Expenses for fundraising activities were made up as follows (all figures in £):

Item	2022	2021
Cost of fundraising events / entry fees	7,097	3,387
Transaction fees / online collection fees	55	459
<b>Total</b>	<b>7,152</b>	<b>3,846</b>

2. Expenditure in Kenya – A full breakdown of the £56,218 expended via Macheo in Kenya can be provided on request.

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF KIPAWA TRUST INTERNATIONAL

I report on the accounts of the charity for the year ended 31st December 2022 which are set out on the previous pages.

## RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

## BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide

all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

## INDEPENDENT EXAMINER'S STATEMENT

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

### Alastair Thompson FCA

Institute of Chartered Accountants in England and Wales

3 Lancaster Close, Scarborough, North Yorkshire, YO13 0SS

1 April 2023



**KIPAWA.**



-  [www.kipawa.org.uk](http://www.kipawa.org.uk)
-  [www.facebook.com/kipawacharity](https://www.facebook.com/kipawacharity)
-  [@kipawacharity](https://twitter.com/kipawacharity)
-  [tinyurl.com/kipawauk](https://tinyurl.com/kipawauk)

Scottish Charity No: SCO041551