

# TRUSTEES' ANNUAL REPORT & ACCOUNTS

For the year ended 31st December 2021



Scottish Charity Number: SCO041551







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2021 WAS ANOTHER SUCCESSFUL YEAR FOR KIPAWA. DESPITE ONGOING CHALLENGES WITH FUNDRAISING DUE TO COVID-19 RESTRICTIONS, WE RAISED £49,000 FOR THE COMMUNITIES WE SUPPORT IN RUIRU.

Our core feeding programmes returned as schools reopened in Kenya at the start of 2021. Provision of nursery education, health checks and counselling support for pupils were also affected by school closures in 2020 but thankfully they also resumed in 2021. Additionally, our small business grants scheme for families is facilitating stronger economic resilience in these communities.

We also continue to provide emergency support to families facing crises, often caused by loss

of employment and exacerbated by rising food prices. A significant period of drought and an economy struggling to recover from Covid-19 are factors that contributed to increased levels of poverty across Kenya in 2021.

Thanks to our donors, fundraisers and other supporters, the daily lives and long-term opportunities of thousands of children, families and their communities in Kenya have been substantially improved. This is something we are very proud of, and we hope you all feel the same way.



# WAYS YOU CAN HELP

## Why not join us as a regular supporter?

By choosing to give a regular monthly donation, you will be helping us plan ahead and make long-term improvements. Every year around 60 people donate regularly to Kipawa from £10 a month.

## Could you arrange a fundraising event for us? Hold a quiz, concert, bake sale?

**How about running a marathon or half marathon, doing a triathlon or a bike ride?** Get fit and raise money at the same time?

**Can you raise awareness of our work?** Does your employer have a nominated charity or fund disbursing grants?

EMAIL US OR KEEP AN EYE ON FACEBOOK OR TWITTER FOR DETAILS:

-  [FACEBOOK.COM/KIPAWACHARITY](https://www.facebook.com/KIPAWACHARITY)
-  [TWITTER.COM/KIPAWACHARITY](https://twitter.com/KIPAWACHARITY)
-  [KIPAWACHARITY@GMAIL.COM](mailto:KIPAWACHARITY@GMAIL.COM)





# KIPAWA EVENTS THIS YEAR INCLUDED...



## 10<sup>th</sup> Anniversary Dinner

Originally scheduled to take place in 2020, we were delighted to be able to host this event in November 2021 and celebrate 10 years of Kipawa. Taking place at the Royal Scots Club in Edinburgh, the night was a great success. Huge thanks to everyone who came along and a special mention to the Rosie Blue Duo for providing live music on the night.



## Kiltwalks

The 'Kipawa Kids' returned in 2021, taking part in Kiltwalks in Edinburgh and Glasgow. With the organised Kiltwalk events still on hold due to Covid-19, these were smaller in scale, but the distances covered (up to 13 miles) were just as impressive! Thanks to the generosity of The Hunter Foundation who matched all the funds we raised, the Kiltwalks contributed £2,791 to our total. The Kiltwalks are back in their usual format in 2022, with events in Edinburgh, Glasgow, Dundee and Aberdeen taking place throughout the year. With distances to suit everyone, please get in touch if you would like to join us.

MAKE A DONATION!

VISIT [TINYURL.COM/KIPAWAUK](https://tinyurl.com/kipawauk)



## 'Get Back' Challenge

Following our first ever virtual challenge in 2020 when we asked our supporters to clock up enough miles to 'Ride to Kenya', it seemed obvious that in 2021 we should try to 'Get Back'! And once again our supporters did not disappoint – running, cycling and walking the 7,000 miles to get us from Ruiru in Kenya, back home to Edinburgh. Participants had the added bonus of receiving Kipawa water bottles this year, to keep them well hydrated as they clocked up those miles.



## Golf Days

Having hosted Golf Days for many years in East Lothian, 2021 saw two events take place in other parts of the UK. Huge thanks to the organisers and all those who took part in our Brechin Golf Day and in the inaugural Kipawa Cup at South Herts Golf Club in Totteridge. If you're a keen golfer, get in touch for more information on our events planned for 2022.

# ACTIVITIES ACHIEVEMENTS & INCOME

OUR INCOME FROM EVENTS IS RAISED PRIMARILY BY A SMALL TEAM OF FUNDRAISERS AND TRUSTEES, AND THIS YEAR WITH FANTASTIC SUPPORT FROM THE WIDER KIPAWA NETWORK, WE RAISED OVER £20,000 THROUGH A SERIES OF EVENTS AND CHALLENGES.

As with 2020, many of our usual fundraising events continued to be affected by Covid-19, particularly in the first half of 2021. As restrictions eased, we were able to get back to hosting some events in person and it was great to see so many Kipawa supporters at our 10th Anniversary Dinner in November.

Any gift aid claimed on these events is included in the £4,589 shown in the Income and Expenditure account. Our core programmes are supported by regular donors to the tune of £23,734, which is critical as it allows us to plan with some certainty and commit to programmes in Kenya.

Note that trustees and fundraisers do not receive any remuneration or expenses during the year.

Our thanks also go to Rich Thomas at INL Agency in Geneva who designed our new logo, to NB Dogs in Gullane for selling our Christmas cards in their shop, and to Rhona Cruickshank who designs these annual reports for us. The time and resources they all have given us is really appreciated.

THANKS FOR  
YOUR SUPPORT!

10TH ANNIVERSARY  
DINNER  
£5,273



'GET BACK'  
CHALLENGE  
£3,575



GOLF  
DAYS  
£3,296

KILTWALK  
£2,791



GILCHRIST  
FOUNDATION  
£1,000



IN MEMORY OF  
GREIG SIMPSON  
£730



OTHERS  
£387

DAVID JONES' NORTH BERWICK TO  
ST ANDREWS GOLF WALK (PART 2)  
£849



QUIZZES  
£1,495

CHARITIES TRUST  
£1,000

TOTAL AMOUNT  
RAISED IN 2021  
£20,396





# EXPENDITURE



WE CONTINUE TO WORK VERY CLOSELY WITH OUR PARTNERS MACHEO, WHO DELIVER OUR PROGRAMMES IN RUIRU. IN 2021, TOGETHER WE DISBURSED OVER £52,000 IN THESE COMMUNITIES, REACHING MANY BENEFICIARIES IN A NUMBER OF WAYS. SOME HIGHLIGHTS INCLUDE..

- **Provision of over 200,000 meals for the school children of Ruiru.**

This takes pressure off families, who know that their children will receive two nutritious meals at school each day and ensures that the most vulnerable children can access school and complete their primary school education.

- **Supporting 103 individuals with psychological counselling.**

- **Empowering 134 families to start small businesses through the Household Economic Strengthening Programme.**

These businesses provide stable income and dignity to the families to be able to take care of themselves and others who depend on them.

- **Ensuring 137 families accessed proper and timely health care.**

- **Supplying equipment and learning materials to create a better learning environment, including 60 new school desks, and tables and chairs for the nursery class.**

- **Helping 14 teenage mothers with medical costs and helping them to attend school or gain other training to empower them.**

- **Through the Malnourishment Intervention Programme, enabling 16 children to recover from malnutrition.**

- **Paying high school fees for 24 students, especially vulnerable girls.**

While schools re-opened following closures in 2020, the situation in Ruiru remains extremely challenging for two main reasons. Firstly, constrained access to essential services in the context of Covid-19 continues for people across Kenya.

As well as this, many people are facing food insecurity due to a worsening drought which has been the result of cumulative impacts of two failed rainy seasons.





# 2022 PLANS

PLANNING FOR 2022 HAS BEEN SLIGHTLY DIFFERENT TO PREVIOUS YEARS. TOGETHER WITH MACHEO, WE WANT TO SHIFT OUR APPROACH A LITTLE TO FOCUS MORE ON DELIVERING POSITIVE OUTCOMES AND NOT SOLELY ON DELIVERY OF PROGRAMMES.

In practice, this means that there will be greater emphasis on evaluation and lessons learned from the various interventions we put in place to help the children and families we support – to ensure that we are achieving positive results over the longer term. That is, instead of measuring provision of 900 meals per day, we want to know if, how and where that leads to more resilient communities.

We will therefore give greater flexibility to the staff at Macheo to use some of our funds in the best way possible in any given situation. Macheo have estimated that during 2022, there will be 160-180 vulnerable families in need of support, identified in the communities in Ruiru around Mukuyu and Mutundu Primary Schools. Macheo staff in those areas, funded

by Kipawa, will provide tailored support and interventions to each of these families that will improve their situation.

**The various interventions that might be put in place include:**

- **Household economic strengthening.** Helping families to start small businesses to generate sustainable income so they can support themselves in the long term.
- **Access to healthcare and medical support.**
- **Targeted support for malnourished children and for teenage mothers.**

- **Improved physical living conditions.**
- **Provision of school uniform.** Children need to wear uniform to attend school, and this can be a barrier for some children accessing education.
- **Counselling support** for individuals that have suffered traumatic events or are suffering from mental illness.
- **Emergency family support.** In some situations, there is an immediate need for food, shelter and access to healthcare before any other longer term interventions can be considered.





As mentioned on the previous page, Macheo then follow up with the families to ensure there has been a positive impact.

In addition to these targeted family interventions, we will continue to fund the extensive school feeding programme, providing breakfast and lunch to almost 900 pupils across two primary schools in Ruiru. This remains a vital part of our work and ensures that children attend school regularly, are better equipped to learn when they are there, and are more likely to complete their primary school education. It also means that there are Macheo staff delivering the feeding

programme in the school every day and they can help to identify children and families that may be vulnerable and in need of additional support.

Overall, we have committed to spending approximately 7.5 million Kenyan Shillings in 2022, which is around £55,000.

*"NONE OF THIS WILL BE POSSIBLE WITHOUT THE ONGOING SUPPORT OF OUR DONORS AND SUPPORTERS. THANK YOU FOR ALL YOU HAVE ALREADY DONE FOR THE CHILDREN AND FAMILIES WE WORK WITH – WE LOOK FORWARD TO YOUR CONTINUING SUPPORT THROUGHOUT 2022."*



## UPDATE FROM KENYA: INTERVIEW WITH AGNES NYIVA MUNYAO

FOR MANY YEARS, KIPAWA HAS WORKED WITH MACHEO, AN NGO IN KENYA FOUNDED IN 2005 TO IMPROVE THE LIVES OF KENYAN CHILDREN. AGNES NYIVA MUNYAO IS MACHEO'S AREA SOCIAL WORKER FOR THE RUIRU AREA WHERE KIPAWA'S EFFORTS ARE FOCUSED.

Kipawa supporters met Agnes during our 10th anniversary celebrations in 2020 when she starred in our 10th anniversary film (<https://youtu.be/DuFnGcs7qzc>). We caught up with her again recently to find out a bit more about her and the difference that Kipawa's support makes to her work and the children and families she supports.





We started by asking Agnes what a typical day looks like for her. The answer seems to be that there's no 'typical' day, but every day involves an early start!

**"I WAKE UP AT 5.30 AM EVERY DAY. I PREPARE BREAKFAST, WAKE MY DAUGHTER AND PREPARE HER FOR SCHOOL AT 6.30 AM. I THEN PREPARE MYSELF AND GO TO WORK WHERE I FOLLOW THE WORK PLAN THAT I PREPARE AT THE END OF EVERY WEEK. HOWEVER, WHEN EMERGENCIES ARISE, I TEND TO DEAL WITH THEM FIRST – BEING IN THE FIELD IS A DIFFERENT EXPERIENCE EVERY DAY."**

In the field, Agnes uses the Macheo 'Child Status Index Tool' (CSI) to assess the various needs of the vulnerable children and families she works with daily. The tool helps Agnes to look at the child holistically and to assess their wellbeing across 7 areas – Food and Nutrition, Shelter, Care, Protection, Health, Education & Skills, and Psychosocial wellbeing. The children are assessed when Macheo begins to work with them, during follow-ups and at the end of any interventions. If scores are low it means that the child still needs support, but once the scores are high, Agnes and her colleagues can be confident that the family is stable enough to support themselves sustainably without regular interventions from Macheo.



"Needs assessment helps us to identify the needs of the families and refer them to appropriate interventions. I act as a representative for these families to ensure they get all the support they need to lead a better life. I do this by referring them to different services within Macheo or external referrals to other agencies."

We know that our donors are interested in how their donations and fundraising efforts are used so we asked Agnes a bit about that. She told us that Kipawa feeds both lunch and porridge to around 900 children in Mukuyu and Mutundu schools and supports around 160 families a year with more intensive support.

Kipawa donations also provide classrooms, toilets, kitchens, desks and learning materials where these are needed to help children to learn in a safe, dry and child-friendly environment.

Donors have asked us what their support provides to the neediest families in Ruiru – Agnes explains:

**"FAMILIES ARE UNIQUE AND HAVE UNIQUE NEEDS SO WE OFFER DIFFERENT INTERVENTIONS TO CATER TO THE INDIVIDUAL NEEDS OF THE FAMILIES WE SERVE. SOMETIMES WE PROVIDE EMERGENCY FAMILY SUPPORT IN THE FORM OF DIRECT CASH TRANSFERS TO SPEND ON IMMEDIATE NEEDS, LIKE FOOD OR SHELTER."**





"Kipawa's support also provides childcare and protection for children who experience or are at risk of abuse and neglect or school fees and uniforms to vulnerable children at risk of dropping out of education.

Sometimes children or their guardians require medical care that they can't afford or are malnourished. Kipawa's support allows us to help families access appropriate medical care and nutritional support.

Through Kipawa we offer counselling support to children experiencing psychological, social, or emotional issues that affect their wellbeing and we equip teen mothers with skills and knowledge required to successfully care for themselves and their child before and after birth.

Kipawa provides funds or tools to vulnerable families to start small businesses to sustain their families, giving them a chance to work themselves out of poverty and sustainably provide for their families.

Kipawa's support also ensures that more children are living in a safe, dry, and adequate shelter, by providing clothes, beds, mattresses, and bedding or even renovating a house. You also help to improve school infrastructure."

"I HAVE SEEN MANY LIVES IMPACTED POSITIVELY DUE TO KIPAWA'S SUPPORT, IT IS ALWAYS FULFILLING WHEN I SEE A PERSON WHO HAD NO HOPE AT ALL DUE TO LIFE'S CHALLENGES, BRIGHTENING UP, AND SEEING A BRIGHTER FUTURE IN THEMSELVES DUE TO THE SUPPORT THAT THEY GET."

Covid-19 has affected everyone, all over the world. We asked Agnes what impact it had on her work and on the people she supports in Ruiru.

"We are still experiencing the effects of Covid. Most people lost their jobs during the lockdown and businesses collapsed, this led to many families being unable to provide the basic needs of their children. The middle-classes became poor and the poorer people who were doing casual jobs in the middle-class communities became jobless. Many middle-class parents transferred their children from private schools to public schools leading to the schools being congested.

We also noted an increase in domestic violence and families' separation making the children more vulnerable. There was also an increase in teenage pregnancies.

Kenya is trying to recover from the big economic effects of the pandemic but many people are jobless and there is still a big economic need.

But Covid has also changed the way we work. Before Covid, I had to physically visit the families for needs assessment and follow-ups but when Covid came we started reaching them through the phone which has proved to be more efficient in some cases. It also led us to work more with community leaders who assisted us in needs identification. We are still doing this.

We also changed the way we provided emergency relief and instead of providing food, we started sending direct cash transfers. Families appreciate this as a more dignified way to help, allowing them to make their own decisions on how to help themselves, some started even small businesses with the cash transfers."

Agnes was keen to stress how far donations to Kipawa can go in Kenya. She highlighted that a one-off £10 donation would feed a child in school for a whole school term (a school year has 3 terms) and a regular donation of £10 a month would support a family like Selina and Ben's (see their story on page 18) to start a business to meet their own family's needs.



"WE ARE VERY GRATEFUL TO KIPAWA FOR PARTNERING WITH US AND HELPING US TO SUPPORT THE CHILDREN HERE IN KENYA. HOWEVER, THERE IS STILL MORE TO BE DONE TO CONTINUE IN THE FIGHT TOWARDS GIVING CHILDREN A STABLE AND FAIRER LIFE THAT CAN HELP THEM ACHIEVE THEIR GREATEST DESIRES."



# BEN & SELINA'S STORY

When we met Ben\* and his wife Selina\* they felt like they were at the lowest point of their life. They had lost all hope and felt stressed.

“My husband fell ill” Selina explained. “It was during the Covid period and we were struggling to meet our family’s needs. All the money we would earn and have saved went to paying my husband’s hospital bills.” Unfortunately, Ben had his leg amputated due to his illness and Selina had to stop working to care for him.

Ben was the breadwinner of their household before falling ill. Although Selina worked too, her husband had taken care of most of their household needs. They had 5 children and two were still in school. After Ben had his leg amputated, the whole family relied on well-wishers to help them with their basic needs. He could no longer work as he did before and Selina had dedicated herself to caring for him. Their daughters were in high school and primary school and were dropping out of school.

After meeting with the social worker, Selina and Ben first received a cash transfer that helped them to prioritize their most immediate needs and were enrolled into counselling to help them deal with the mental strains that had caused them to be stressed.

Through the education and skills department, their daughter was enrolled in the payment of school fees intervention. Selina also received economic empowerment support and put up a shop (kibanda) where she started selling groceries and cooked cereal.



After helping her set up the business, she went through training where she and her husband were taught ways to save money and use the money to properly cater to their needs.

**TODAY BEN'S FAMILY IS LIVING A COMFORTABLE LIFE AND THEY ARE THANKFUL FOR THE SUPPORT.**

Their youngest daughter is in form 3 in high school and their other daughter is now in college studying to be a teacher. Their business continues to do well and has helped them with their family’s needs. Their lives have transformed because you chose to support them.

\* Not their real names

# KIPAWA TRUST INTERNATIONAL: TRUSTEES' ANNUAL REPORT AND ACCOUNTS – YEAR ENDED 31ST DECEMBER 2021

## Our current trustees



Kieran Hudson



Kirsty Welsh



David Welsh



Will Hammond



Clare Jones



Bill Stevenson

## Recruitment and appointment of trustees

The Association’s Trustees are appointed or reappointed by the members at our annual general meeting.

## Governing document

The Association is a registered charity; its purposes and governance arrangements are set out in the constitution.



## Contact address

7 Prospect Bank Crescent  
Edinburgh, EH6 7NW





### Charitable purposes

“Kipawa Trust International is a charitable foundation dedicated to the creation, maintenance and development of education facilities for impoverished children in Kenya. As well as providing education, the charity also provides a sustainable feeding programme and regular health checks for the children and wider community”.

### Activities and achievements – another good year

2021 was yet another good year for Kipawa. COVID restrictions continued to affect our plans but we still managed to raise £49,000 to support the work of the charity.

Despite continued pandemic lockdown restrictions, we continued to adapt to these circumstances and at the start of the year, concentrated our fundraising efforts on virtual events or other challenges that people could do either at home or on their own / in small groups.

Later in the year we were able to get back to hosting a few ‘in-person’ events. We were also pleased that our core programmes continue to be supported by increasing amounts of regular donations: this is critical as it enables us to continue to make plans and commit to longer-term programmes in Kenya with our partner organisation Macheo.

### Expenditure

During the year Kipawa disbursed around £52,000 to Ruiru communities via Macheo, our partner in Kenya. The core feeding programmes providing breakfast and lunch remain the foundation of this approach at both Mukuyu and Mutundu Primary schools, but we continue to balance this against other opportunities.

Children continue to receive access to individual or group counselling at all our supported schools to address individual or wider family or health problems, tapping into support which ultimately allows them to remain in



full-time education. We have seen good outcomes from the household economic strengthening programmes for the parents of school children, often through the provision of grants to generate sustainable incomes.

Kipawa also supports and funds some pupils to move on to the fee-paid secondary school system and, where relevant, into vocational training.

### Future Plans

A needs assessment of the area always informs our priorities for the year, helping ensure the interventions deliver the most impact. Our support will continue to be focused on two primary schools in Ruiru and the communities they serve.

### Deficit

The accounts show a deficit of £7,515 however this is primarily due to funds raised in 2021 not being transferred to Macheo until early 2022.

### Trustee remuneration and expenses

The trustees did not receive any remuneration or expenses during the year.

### Reserves

Kipawa held unrestricted funds of £20,751 at the year end. The Trustees consider that funds available at the year-end will allow us to continue to support the various programmes at Mukuyu we have committed to in 2022 and still allows the opportunity to support other one-off plans.

The Trustees are confident that the charity can meet its charitable purposes and financial obligations for the coming year.

### Approved by the Trustees and signed on their behalf

D Welsh, 5 March 2022



# KIPAWA TRUST INTERNATIONAL: TRUSTEES' ANNUAL REPORT & ACCOUNTS, YEAR ENDED 31ST DECEMBER

## Receipts and Payments account

All figures in £

	Year to 31 Dec 2021	Year to 31 Dec 2020
<b>Receipts</b>		
Regular donations	23,734	21,897
Gift Aid	4,589	8,296
Events / Fundraising	20,396	30,365
Investment income	1	6
Net receipts from trading	275	286
<b>Total Receipts</b>	<b>48,995</b>	<b>60,850</b>
<b>Payments</b>		
Expenses for fundraising activities <sup>1</sup>	3,846	542
Payments relating directly to charitable activities	0	0
Grants and donations relating directly to charitable activities <sup>2</sup>	52,664	39,306
<b>Total Payments</b>	<b>56,510</b>	<b>39,848</b>
<b>Surplus / Deficit for the year</b>	<b>-7,515</b>	<b>21,002</b>

## Statement of Balances

All figures in £

	Year to 31 Dec 2021	Year to 31 Dec 2020
Opening balances – Cash in bank	28,267	7,265
Surplus / deficit for the year	-7,515	21,002
<b>Closing Balances – Cash in bank</b>	<b>20,751</b>	<b>28,267</b>
<b>Total Reserves</b>	<b>20,751</b>	<b>28,267</b>

### Notes:

1. Expenses for fundraising activities were made up as follows (all figures in £):

Item	2021	2020
Cost of fundraising events / entry fees	3,387	0
Transaction fees / online collection fees	459	542
<b>Total</b>	<b>3,846</b>	<b>542</b>

2. Expenditure in Kenya – A full breakdown of the £52,664 expended via Macheo in Kenya can be provided on request.

**Approved by the Trustees and signed on their behalf:**

**D Welsh**, 5 March 2022



# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF 'KIPAWA INTERNATIONAL' TRUST

I report on the accounts of the charity for the year ended 31st December 2021 which are set out on the previous pages.

## Respective responsibilities of trustees and examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

## Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide

all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

## Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

## Alastair Thompson FCA

Institute of Chartered Accountants in England and Wales  
3 Lancaster Close, Scarborough,  
North Yorkshire, YO13 0SS

31 March 2022



KIPAWA.